



8th Sunday in Ordinary Time March 2-3, 2019

1400 Gerald Avenue, Missoula, MT 59801
406.728.3845 † ctkmsla.com

Mass Times: Saturday 5:15 pm • Sunday 9:00, 11:15 am & 6:30 pm
Monday, Wednesday, & Friday 8:30 am • Wednesday On Campus 12:00 pm • Tuesday & Thursday 12:15 pm

Lent 2019 at Christ the King

Ash Wednesday Service

March 6th

8:30 AM

Noon (On Campus, UC 332)

7:00 PM

Lenten Reconciliation

Service

April 1st

6:00 PM

As we begin this Lenten journey, transform us this Lent, heavenly Father. Give us the strength to commit ourselves to grow closer to you each day.

Resources and events to help you dive into this beautiful season are included as an insert in this bulletin. Our Diocesan guidelines for Lenten observances are also inside.

Get Ready for the New Lenten Message Series:



Christ the King Parish Office Hours
Monday - Thursday 9 am to Noon; 1-4 pm
728-3845 † ctkmsla.org

This Week at Christ the King

SUN 3 Mass: 9, 11:15 AM, & 6:30 PM
Alpha: 10:15 AM — Romero Rm
Vespers (Evening Prayer): 6 PM — Chapel

MON 4 Mass: 8:30 AM
Vespers (Evening Prayer): 6 PM — Chapel

TUE 5 Martha Ministry: 9 AM — Lower Center
Mass: 12:15 PM
Adoration & Reconciliation: 5 PM
Sacrament Prep-Reconciliation: 6 PM — Romero Rm
TGIT: Thank God It's Tuesday: 6 PM — Lower Center
Symbolon: 6:30 PM — Rm 217

WED 6 *Ash Wednesday Service: 8:30 AM*
Ash Wednesday On Campus: 12 PM — UC 332
Gifted Journey: 5:30 PM — Rm 217
Ash Wednesday Service: 7 PM

THUR 7 Faith & Practice: 10:30 AM — Romero Rm
Mass: 12:15 PM
Vespers (Evening Prayer): 6 PM — Chapel
CCM Men's Group: 6:30 PM

FRI 8 Mass: 8:30 AM
Parish Office Closed

SAT 9 Reconciliation: 4:30 PM
Mass: 5:15 PM
Parent's Night Out: 6:30-9:30 PM

Offertory Collection: February 23-24, 2019

Gratefully Received: \$6,722.01
Weekly Goal: \$7,076.47
Weekly Average: \$7,057.61

Advertiser of the Week: Robin Ammons, Attorney

*This sponsor helps cover the cost of printing the
bulletin and liturgy sheets. Thank you!*

CATHOLIC CAMPUS MINISTRY

Weekly Events

ROSARY

Tuesdays at 12 Noon in UC 207.



MASS ON CAMPUS

Wednesdays at Noon in the UC Room 207.

BIBLE STUDY

Wednesday nights at 8 pm in the University
Center, Room 215.



MEN'S GROUP

Thursdays nights at 6:30 pm.

Got Questions About Life?



Try Alpha at the University of
Montana

"FOR ANYONE WHO IS THINKING OF JOINING ALPHA,
I ENCOURAGE YOU TO DO IT. THERE IS ROOM FOR ALL."

UM Student Courtney

WEDNESDAYS,
University Center Third Floor
5:00 - 7:00 PM
FOOD PROVIDED

CCM Friday Social



March 8th • Meet at the UC Atrium Desk.
Only 10 spots available! RSVP with Bridgette
(bbannick@ctkmsla.org or 406.728.3845
ext. 226)

Follow us on social media:



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Ashes, prayer, fasting, and almsgiving...

WHY do we do these things?

WHY do we give up things we enjoy?

Does it mean anything if we are not intentional?

If we do it just because we are supposed to, then we are missing the point. We give up, we examine and we slow things down so that we can make more room in our lives for God and for one another. Lent should shake us or break us out of the normal, the ordinary, the routine. It should open us to examine our fears, our anger, our jealousies, our distance from others, our grandiosity, our unresolved hurts, our incapacity to really pray, and our doubts.

PRAY

How's your prayer life? Maybe it's well developed, but you could use some new tools. Maybe it's non-existent, and you could use some new tools! Wherever you are in your prayer life, Lent is a beautiful time to explore new and different ways to connect with God. Our resource table at the entrance of the church is filled with ideas and materials. Consider some of the following:



Gratitude Rosary Did you receive one of our gratitude rosaries at Christmas. (You can get one on the resource table as well.) If you're not already using it, take it out and use it to deepen your sense of all that God has blessed you with

OR

Try using your Gratitude Rosary or a regular Rosary to pray a Chaplet of Divine Mercy. You can find instructions at <https://bit.ly/1dRJQD6>

Little Black Books are back! Find them on the resource table.

Word Among Us follow the daily readings with reflections, also found on the resource table.

Join Catholic sisters for a Lenten practice that will challenge each of us to face the reality of racism individually and in our society.
networklobby.org/lent

Dynamic Catholic's **Best Lent Ever**

<https://dynamiccatholic.com/best-lent-ever>

Busted Halo has **25 Great Things You Can Do for Lent:**
<https://bit.ly/2Uhh2uE>

Bishop Robert Barron and the **Word on Fire Lent Reflections**
<https://www.lentreflections.com/>

FORMED.org has Lenten Reflections with Dr. Timothy Gray. Sign up at <https://formed.org/promo/lent-registration>
Sign up on FORMED.org using parish code 9W6GRP (This is provided free to you by Christ the King Parish)

Living Lent Daily from Loyola Press <https://bit.ly/2XoZ8rL>

Think about adding a **Daily Mass** to your practice each week (see the bulletin cover for times).

Lent invites us to stop eating whatever protects us from having to face the desert that is inside all of us. It invites us to feel our smallness, to feel our vulnerability, to feel our fears, and to open ourselves up to the chaos of the desert so that we can give God a chance to feed us. Lent invites us to all these things so that we can open ourselves up to God, so that we can allow God to enter our lives, our hearts, our relationships, our pain, and our world. -Ron Rolheiser

GIVE

How do you give back some of what God has given you? It might be your financial resources or maybe your talents.

This Lent, **give thanks and gratitude** to people in your life who have blessed you in some way by taking time to write thank you notes.

Take some time and learn about our Mission in Guatemala. Watch for information throughout Lent and "Take Out" a regular larger meal or meal out from your weekly menu and replace it with a simple meal like soup and bread; place the savings in your **"Take Out for Guatemala"** box. All money will be sent to support the work of our Diocese in Santo Thomas la Union.

Think about what you usually spend your money on. Do you buy too many clothes? Spend too much on dinner out? Pick one type of expenditure that you'll "fast" from during Lent, and then give the money you would usually spend to a local charity.

As a part of your Lenten almsgiving, make a point to **learn more about a particular social issue** (immigration, human trafficking, racism, the environment, public education, child poverty). Give money to an organization related to your chosen issue that supports the dignity of the human person.

Calendar

3/6 Ash Wednesday
8:30am & 7pm @ CTK
12:00pm on Campus
4/1 Reconciliation 6pm
3/8 High School YM Retreat

TUESDAYS @ Christ the King
5pm Adoration

FRIDAYS @ St. Anthony Parish
5pm Stations of the Cross
5:30 Mass
6pm Fish Fry

LENT is a call to renew a commitment grown dull, perhaps, by a life more marked by routine than by reflection. - Joan Chittister



FAST

Fasting isn't about inflicting discomfort on our bodies, it's about recognizing what things have taken a too-important role in our lives. When we think of fasting, we often think of giving up food, which can be valuable, but have you thought of fasting from other things?

- Social Media
- Complaining
- Television / Video Games
- Buying things you don't need
- Gossiping or talking about others
- Eating out
- Technology

Think about your cell phone, maybe park it where you are not always checking it, especially in the evening.

Food Stamp Challenge: Millions of people rely on food stamps or SNAP. Try taking a few days and living on the daily food allowance which is about \$6.40 per day.

TOO BUSY **NOT** TO PRAY
A LENTEN MESSAGE SERIES



Join us for this special Homily series throughout Lent.



DIOCESE OF HELENA Lenten Observances

Prayer, fasting and almsgiving are the traditional pillars of our Lenten celebration.

- Lent encourages us to place special emphasis on **prayer** - both personal prayer and praying together as God's people.
- The time of Lent offers a heightened awareness of **almsgiving** - works of justice and charity, and tending to those who are in need.
- **Fasting** and **abstinence** challenge us to avoid attachments to the "things" of this world.

All between the ages of 18 and 59 are to fast on Ash Wednesday (March 6, 2019) and Good Friday (April 19, 2019). All who are 14 and older observe abstinence on Ash Wednesday and each Friday of Lent. All others are encouraged to fast and abstain in ways appropriate to their circumstances.

- Fasting means one full meal each day with the other meals not equaling a full meal. Eating between meals is not allowed, but liquids are allowed.
- Abstinence means that no meat is allowed.
- If health or ability to work would be seriously affected, fast and abstinence do not apply.

High School Lenten Retreat

Pray Fast Give

March 8-9, 2019
St. Anthony's Catholic Parish
\$15 Registration Fee

Contact Shai LaFleur to register:
406-491-1970
shai.lafleur@gmail.com



CYC Convention 2019

Don't miss an incredible weekend of faith and fellowship with young Catholics from around the state! Contact Shai LaFleur to register: 406.491.1970 or shai.lafleur@gmail.com.

Two incredible opportunities to grow in faith!

Catholic Men's Conference

Saturday, April 6th • Cathedral of St. Helena
Register at: www.mtcatholicmen.org

Catholic Women's Conference

Saturday, April 27th • Delta Hotels Helena
Register at: www.helenacwc.com

Now You Know!

Tuesdays from 6:45-8:00p

Topic this Week:

**Why Does the Catholic Church Consider
Contraception & Abortion Immoral?**

Where are you going?

Begin your **Alpha**
journey here

Alpha

Continues on Sundays from 10:15a-12:15p.

Family Ministry

Children through grade 5 are invited to participate in KidZone from 10:15-12:15. Parents are invited to Alpha at the same time. Contact pcassidy@ctkmsla.org with questions. All families are invited to participate.



Ready for a Hike?

Saturday, March 16th • Blue Mountain
Meet at CTK at 9:00am

—SACRAMENTS—

Baptism Preparation for Parents & Expectant

Parents – March 31 & April 7.

Please register online at www.ctkmsla.com/sacraments.

Confirmation

Adults who want to receive Sacrament of Confirmation, please contact Patti in the parish office at pcassidy@ctkmsla.org or ext. 228.

RCIA Sponsors

Anyone interested in becoming an RCIA Sponsor, or learning more about RCIA, please contact Patti at ext. 228 or pcassidy@ctkmsla.org.

<p>Montana Cancer Specialists</p>  <p>Hematology & Oncology 500 W. Broadway 728-2539 2827 Fort Missoula Rd 327-3911 Linda Ries, MD • Patrick Archie, MD Sarah "Sally" Scott MD • Michael Snyder, MD Alan Thomas, MD • John W. Linford, MD Siobhan Lynch, MD</p>	<p>BRUNCH SEASON HAS ARRIVED 9:30 AM - 2:00 PM SATURDAY & SUNDAY</p>  <p><i>More than a great culinary experience... You'll get the perfect night out...</i></p> <p>Rumour open daily 4:00pm - close 1855 stephens avenue 549.7575 rumourrestaurant.com</p>	 <p>FELTON • DENTAL CARE •</p> <p>Brett R. Felton, DMD Parishioner 728-0896 1750 Brooks St Missoula www.themissouladentist.com</p>	 <p>• Brand New • 24/7 Access • Rent Online</p> <p>406.214.3801 7480 HWY 200 EAST UNIVERSITYSTORAGEINC.COM Mike & Karen Regan, Owners/Parishioner</p>	<p>Medicare? ...Make it easy!</p> <p>Greg Devlin Certified Specialist</p>  <p>Certified Parts C,D and Supplement Specialist (406) 885-2828 gregdevlin@gmail.com</p>
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